

Pate Matai

(Tahiti)

The Swirling Winds. Short dance pattern for males and females.

Tahitian Ote' a, 21 meas of 8.

Music:

4/4 meter

	Intro	4 beats
1	Kapa R,L,R,L Kapa R,L,R,L	R arm up, L arm down to nearly form a diag (R palm twd body, L palm out). Reverse arms.
2	8 kapa (start R ft) to make one complete circle to L	Arms up nearly overhead, aligned with face, R palm on top of L hand facing down.
3	2 kapa (start R ft) making 1/4 turn R 2 kapa (start R ft) 4 ohuri	Arms put to own side, and cross at chest level (X) with L arm closest to body. Repeat arms. Arms move away from body until fingertips nearly touch, forming a diamond shape, palms down.
4-6	Repeat meas 3 three times, end facing front	Arms repeat meas 3.
7	2 push turns to L to turn 360 degrees Double 'otu'i (R, R hip) Double 'otu'i (L, L hip)	Arms open out to side at shldr level, palms facing floor. L arm up to side almost straight overhead, and 45 degrees from vertical, R arm down with hand slightly behind rear, palm turned away from body, not touching the body. Reverse arms.
8	Repeat meas 7	Repeat meas 7 arms.
9	2 ohuri 2 ohuri 4 ohuri	L hand by eye, R arm out to side, palms down. R hand by eye, L arm out to side, palms down. Bring hands to mouth, palms facing mouth, then arms open out to L (45 degrees) and R (45 degrees) (wide V) at chest level.
10	4 kapas turning 360 degree circle to R Triple 'otu'i to R (R,R, R hip) One 'otu'i to L hip	Bring arms to side, shldr level, with palms facing down. Place R palm on top of L hand, extend hands away from body and raise hands slightly overhead, both palms facing down. Arms remain stationary.
11-20	Repeat meas 1-10	
21	Ending: 4 ohuri 3 kapas (R,L,R) Step back on L and draw R ball of ft to L	Arms in front of body, elbows bent, palms down. R arm up, palm up, L arm down to form diagonal, palm up. R arm up, small wave of hand. L arm down to L side.

Presented by Marilyn Gentry and Nora Nuckles